
For Your Convenience...

Scheduling — Please arrive on time, to keep staff on schedule. If you are receiving a facial, body treatment or massage please arrive 15 minutes prior to fill out forms and change into robes. We recommend reserving your next appointment before leaving for the day.

Cancellations — We ask that you notify us at least 24 hours in advance if you are unable to keep your appointment or need to change time scheduled. Spa packages must be reserved on a credit card and cancellations must be at least 72 hours in advance or there will be an automatic 50% charge.

Hours — For your convenience we are open 9:30 am - 9:00 pm
Mon-Thurs. Fri. from 9:00 am - 7:00 pm and Sat. 9:00 am - 6:00 pm.

Payments — We gladly accept Visa, MasterCard, checks and cash.
There is a \$20 service charge for any returned checks.

Prices — We reserve the right for prices to change at any time...please inquire about starting prices.

Smoking — We are a non-smoking facility

Children — We gladly service children but ask if they are not receiving services, they quietly remain in our waiting area accompanied by an adult. We want to continue to offer a tranquil environment.

Cellular phones and pagers — We ask that they be set on vibrate instead of ring to allow all of our clients a relaxing visit.

Gift Certificates — We offer gift certificates in any dollar amount or for a specific service or package. Let us know!

Retail Policy — We guarantee our products with our professional recommendation. Products must be returned within 10 days for a product credit or exchange.

Gratuity — Gratuities are not included in any of our service prices. This is to your discretion and based on satisfaction at The Ritz. Our assistants are paid and there is no need to include gratuity for their services.

Website — Visit us online at www.RitzIntl.com (be sure to get on our wish list!)

Catering — All packages including meals are catered by our good friends at Medik's Market

Compliments and Concerns — Your satisfaction is our priority. Please feel free to compliment or share your concerns so that we may know how we are doing!

Email: manager@ritzintl.com

Our Mission

Our commitment is to... provide each of our valued clients with the most enjoyable, informative and relaxing experience possible.

Through continuing education, our professional staff of skin, body, nail and hair specialists will exceed your expectations with their knowledge and skill in our industry

The Ritz team is dedicated to giving our clients an experience that brings about both physical and emotional well being.



THE RITZ
INTERNATIONALE

**Salon
and
Day Spa**

36 Coliseum Dr.
Coliseum Crossing Shopping Center
Hampton, VA 23666
757-838-4247
www.RitzIntl.com

Hair Services

Our Hair Designers are highly trained in all areas. To keep inspired and excited they attend numerous advanced classes and shows per year. Design and color selection is something we enjoy helping with!

Precision Haircuts

Consultations

Complimentary by appointment

Bang Trims

Complimentary for our valued customers

Haircut and Style (women)

Starts at \$25-\$35

Haircut and Style (for men)

Starts at \$23-\$25

Haircut and Style (children 10 and under)

Starts at \$13-\$15

Hairstyling

Shampooed and blown dry:

Start at \$15

Classic updo or braid:

Start at \$25

Special Occasion Updo -

a Ritz specialty:

Starts at \$45

You may request an appt with our makeup artist for your special occasion

Restorative Treatments

Protein Treatment

restores strength and elasticity to hair

\$10

Restructuring Treatment

restores moisture & strength to hair

\$20

Seaweed Hair Masque

restores moisture and bounce to hair

\$15

Clarifying Hair & Scalp treatment

Deep Cleanse Scalp & Hair - Replenishes Moisture

\$15

Don't Forget About Mom!

Mother To Be \$165

As every mother knows pregnancy can be both emotionally and physically draining. Allow us to relieve your discomforts with a prenatal massage, corrective facial for your skin type, and a healthy lunch.

After lunch you will be treated to a soothing Tranquillity Pedicure for those toes you just can't reach anymore!

New Mom's Moment \$95

Pamper that new Mom with a Ritz Treatment Manicure, Classic Pedicure and a new look! Let our stylist help you choose an attractive, stylish look that is simple to style! You may not have as much time as you used to but no one will ever know it!

For The Soon To Be Newlyweds!

Going To The Chapel \$245

What a way to spend the day before your wedding. This bride and groom package is a great way to survive the last minute wedding jitters together. The groom will experience a 1/2-hour Swedish Massage, a Sports Manicure, a corrective treatment for men, and a haircut. The bride will receive a 1/2 hour Swedish Massage, French Manicure, French Pedicure and a blow-dry Style. A delicious catered lunch is included.



For Men Only

Most Valuable Player \$130

For the athlete in you, we would like to invite the man on the go to experience the rewards of your hard work. Receive a 60 minute Sports Massage, a corrective treatment for men and a Sports Manicure. Allow 2 1/2 hours

Men's Club Retreat \$70

Especially designed for men. This package features a relaxing 30 minute Swedish Massage, hair and scalp treatment and a haircut Allow 2 hours

Spa Packages

Be sure to visit our website at www.ritzintl.com
And send a hint to your loved one!

Puttin On The Ritz \$215

The ultimate in spa pleasures. This exclusive package is the ideal way to pamper yourself or someone you love! Come and experience deep relaxation and release stored up stress with a 1 hour Swedish Massage, a one-hour Yin and Yang Spa Facial, a Classic Manicure and a Classic Pedicure. A delicious catered lunch is included. Finish your day off with a beautiful haircut and style!

Ritz On The Run \$110

All of the pampering in half the time. This mini retreat is excellent for those of us who don't have the time but still want all of the pleasure. Come enjoy a Revitalizing Express Facial, a half-hour Swedish Massage, Classic Manicure and blow-dry style.

Lunch With A Punch \$65

What a lunch! Tell your boss you will be just a little longer and come back in a better frame of mind! Includes a Classic pedicure, a Classic manicure, a relaxing chair massage and a light lunch to go!

Girls Night Out for Four \$75 (per person)

What a way to start an evening out on the town. Get the girls together and receive an appetizer for four along with enjoying a 1/2 hour Swedish Massage, Manicure and blow dry style.

Teen Spirit \$65

This package is a wonderful way to expose your teen or pre-teen to all of the delights of being a girl. Our esthetician will teach the importance of a good skin care routine followed by a first time "natural look" makeup lesson. Then, a beautiful manicure with French Polish.

Urban Detox \$160

Begin your detox with an Oxygenating Fresh Air Facial and a clarifying hair and scalp treatment. Enjoy a light lunch and then be whisked off to receive an Aromatherapy Body Wrap. Top it all off with a beautiful hairstyle. Voila! Like new!

Stress Management \$130

Let The Ritz team melt away the stress and worries of the day with an indulgent 1 hour Aromatherapy Massage, Classic manicure, Classic pedicure and a blow dry.

Haircolor and Highlights

A "specialty" of The Ritz Salon and Spa

Designer Haircolor

Starts at \$60.00

Retouch Haircolor

Starts at \$45.

Foil Highlights (full color)

Start at \$65.

Foil Highlights (full bleach)

Start at \$75

Partial Foil Highlights

Varies by design

Corrective Coloring

Varies by process and amount of correction

Lowlights

Start at \$25

Clear Glossing

Start at \$10 with a service

Start at \$15 separately

Accent Coloring

Varies by process

Texturizers

Normal Perm

Starts at \$60

Color Treated Perm

Starts at \$65

Body Waves

Start at \$60

Specialty Wraps

Start at \$85

Anti-Curls

Start at \$60

**Firm prices can be given upon consultation*

**Inquire about our junior stylist prices*

Prices vary with advancement within our training program

**If you would like to be a model for our junior stylists*

Please go to "contact us" on our website

www.RitzIntl.com

Body Wraps and Treatments

Triple Body Trimmer-\$135

Experience extreme rejuvenation with this intensive treatment that stimulates your skin's detoxification system so it moves into action to detoxify and cleanse the body tissue.

First your skin is exfoliated and buffed. Next a highly stimulating layer of Body shaping gel is applied followed by an intense body mask of seaweed, clay and stimulating plant extracts. You are then tucked inside a cozy wrap. While your body treatment is processing, you'll enjoy a hydrating Gel Therapy facial mask to smooth your complexion. To finish your head-to-toes treatment, your face and body are rinsed clean and then spritzed with citrus-laced Monsoon Natural Body Freshener followed by an all over application of Extremely Emollient Body Crème.

Firmology Experience-\$125

A truly luxurious spa service!

This unique treatment was designed to help tone-up tissue as it exfoliates rough body skin.

It starts with a neck-to-toes Kerafole exfoliation to remove dead, dry skin cells. Your body is then sprinkled with healing Chinese herbs, gently massaged then spritzed with Monsoon Natural Body Freshener and comfortably wrapped in blankets for 10 minutes **under infrared heat**. Once the exfoliation action is complete the mixture is rinsed off and a Trissage Triple Action Massage treatment is performed on the entire body to nourish! Everyone wants a firmer body!

Refreshing Mud Treat "Mint" -\$115

Smooth and nourish the body when you indulge in this cooling neck-to-toes treatment.

Your body will be slathered in peppermint and red raspberry extracts blended into potent, detoxifying mud. Next you are cocooned in warm blankets and infrared heat so that the mixture can penetrate the skin. This unleashes the powerful plant chemicals to stimulate your metabolism as you rest. To finish, the body treatment is removed and massaged with antioxidant-laced Extremely Emollient Body Creme and a customized Bioelements facial moisturizer.

Prenatal Massage

30 minutes — \$40 60 minutes — \$60

What a treat for the mother to be! This massage is designed to specifically relieve some of this discomforts that pregnancy can bring on, including swelling, hip/joint and muscle function and relaxes both mind and body.

Chair Massage

10 min — \$10

This is a massage that is performed in a special massage chair while you are fully clothed. No oils are used. This service includes a massage of the neck, shoulders, upper back, arms and head.

On Site Chair Massage - \$15 includes gratuity

Our therapists will travel to make office calls! The person who secures the on site appointment will receive a complimentary chair massage. A great treat for your group or employees!

Limited to a 15 mile radius

(Minimum 10 people secured with deposit.)

Touch Therapies

Reflexology - "Zone Therapy"

30 minutes — \$35 just feet 60 minutes — \$55 feet & hands
Did you know at conception you start to form all reflexes on the bottom of your feet? This Chinese therapy is able to move, heal and relax the entire body through application of pressure on these reflexes. Reflexology should not be confused with just a foot massage. Reflexology helps to relieve tension, improves circulation and promotes the natural function for the related areas of the body. Renew Yourself!

Reiki Massage

60 minutes — \$70

The balance of mind and spirit moves to new levels with this massage. An ancient Japanese healing technique which uses little to no physical touch but transfers energy from practitioner to patient helping increase the body's balance, harmony and natural healing ability. Energy, aromatherapy, and chakra balancing are combined to make this healing experience a must!

You may request a specific style, a favorite practitioner or decide with your therapist which technique suits your needs.

Massage Therapy Services

Our Spa has two private massage rooms where our therapists perform relaxing and therapeutic manipulations that lead you to a feeling of total relaxation.

Swedish Massage

30 minutes — \$40 60 minutes — \$60 90 minutes — \$90

Relax, Revitalize and Restore! Enjoy deep relaxation and stress relief with this relaxing massage. Feel revitalized as our massage therapists gently massage your tired muscles for improved circulation and bliss.

Aromatherapy Massage

30 minutes — \$45 60 minutes — \$65 90 minutes — \$95

This ancient European practice combines the use of plant essences and soothing body massage for rejuvenating effects on emotional stress, mental strain or health problems. Choose from our signature Calming or Revitalizing Aromas.

Customized Aromatherapy Massage

60 minutes — \$85

A brief lifestyle assessment is done to find out exactly what your body needs. After that, your massage oil will be personally blended just for you. These combinations of oils can bring relief from stress, edema, joint pain, and anxiety. You will also be sent home with customized bath salts as well. Remember all of this is on top of a 60 minute Aromatherapy Massage!

The Athlete's Massage – "Deep Tissue"

60 minutes — \$75

Today's modern athletes train intensely and that's exactly what this massage is...intense. The athlete's massage works to a depth where a normal massage does not, affecting deep tissue and invigorating sore and tired muscles. Give these muscles the relief that they deserve for "working out" so hard for you!

Heat Stone Therapy

60 minutes — \$80 90 minutes — \$120

Drift into the far reaches of your inner soul as you experience the incredible therapeutic benefits of hot stone massage. Tumbled to a velvety surface, basalt stones of various sizes and shapes caress your body with muscle penetrating, therapeutic heat. The stones act as "extra" hands for the therapist as they provide heat and a soothing pressure that radiates throughout your body, relaxing every cell and muscle into its maximum state of bliss. Truly and experience unparalleled and not to be missed! Hot stone massage is very effective in creating harmony, a positive energy flow, and promotes a sense of balance and peace.

Herbology Body Polish-\$95

An ancient Chinese secret!

This potent, regenerative treatment is based on herbology, the ancient science of healing with herbs. To smooth, exfoliate, detoxify and hydrate while Chinese herbs feed the skin with nutrients. A true retexturizer!

Aromatherapy Wrap-\$75

You must experience this lavish treatment! Skin is gently exfoliated then massaged with a customized blend of aromatherapy oils. You are then cocooned inside a solar blanket and bathed in infrared light to help the oils penetrate your skin. To finish a cooling spritz of Equalizer herbal tonic revitalizes. You will emerge totally relaxed, de-stressed and with smoother skin than ever.

Regenerating Leg Treatment-\$45

Great for tired, overworked legs. Will help in preventing broken veins and reducing cellulite by increasing microcirculation.

**You may request a
"MICRO-TREATMENT"
with any Facial or Body Treatment
add \$15**

Eye Area Rescue Masque-smooths and softens the delicate skin around eyes and decreases puffiness

V-area treatment-A customized masque to soften and texturize skin on the upper chest area

Warm mitt hand or feet treatments-Moisturize the skin and cuticles for softer, smoother hands or feet

Lip conditioning treatment-This special masque soothes chapped, parched lips back into condition.

Facials



Performed by a licensed esthetician

Yin and Yang Spa Facial-\$80

The ultimate fun facial! A cleansing and then exfoliation to bring out the beauty in your skin! Plan to completely unwind as your hands, arms, shoulders, neck and face are massaged with our Yin and Yang aromatherapy oils. Last but not least, a masque and then hydration! Will soften and smooth the skin, de-stress and relax the mind!

Oxygenation Fresh Air Facial -70.00

Anti-aging facial! This oxygenation facial will help to trigger your skin's self-cleaning mechanism and is perfect for mature, dehydrated and undernourished skin. Will keep your skin looking younger and healthier while improving sallow skin, elasticity, dehydration, and soften fine lines. This is the perfect way to bring back the glow in your complexion. Add on eye lightener and masque to help puffy eyes and dark circles! Keep them guessing!

Alphablend Maximum Exfoliant Treatment-\$45

A super exfoliating fruit acid facial that removes dulling surface cells giving your skin a fresh, revitalized appearance. This advanced treatment also unclogs pores, diminishes surface wrinkles and promotes a smoother, even-toned complexion.

*A series of six treatments highly recommended

Alphablend Treatment With Customized Facial-\$85

Add a facial to your alphablend treatment

***Alphablend Treatment (Series) (6)-\$225**

***Alphablend Treatment With Facial (Series) (6)-\$425**

Vitamineral Power Facial-\$65.00

This intensive treatment combines the power of an anti-oxidant with essential trace minerals, to infuse your skin with collagen-building nutrients. To begin, your complexion is deep cleansed, polished and exfoliated. Then you'll experience a unique, tapping facial massage with vitamins A, C, E and D in a supercharged hydrating gel, to rev-up circulation. To finish, a customized moisturizer is smoothed on with cool globes to tighten pores and revitalize your skin tone. A nourishing treatment designed to firm your skin and restore its healthy glow.

Enhanced Nails

Our nail enhancements are masterfully created and hand filed

Full Set	\$50
Fills	\$26
French Set	\$50
French fill Rebalancing	\$45
Overlays	\$40
Removals with conditioning	\$20
Repairs	\$4
Enhanced Nail Maintenance	\$13

Pedicures

Classic Pedicure

Perfect for people on the go. Whirlpool spa, soak, cuticle and nail care, exfoliating scrub and moisturizing massage. Nails polished. — \$35

The Ritz Treatment Pedicure

A 75 minute escape.

A spa experience for the foot that touches the spirit and soothes every fiber of your being. Whirlpool spa soak, nail and cuticle maintenance, exfoliation, moisture masque and a massage to your feet and calves that will make your feet feel renewed, revitalized, and refreshed. Polish applied. — \$45

Tranquility Pedicure

A 75 minute retreat

A divine experience. A whirlpool spa soak and aromatherapy sets the mood for tranquility. Nails and cuticles are maintained, calves and feet are gently exfoliated and a relaxing massage slips you to a calm state of relaxation. Feet are dipped in warm therapeutic paraffin to soften and relieve tired feet. Ahhh! Polish applied. — \$45

The Ritz Duo

Feel pampered when your hands and feet are treated with our classic manicure and your choice of The Ritz Treatment Pedicure or The Tranquility Pedicure. —\$55

Polish Change (feet) \$10

French Polish Application (feet) \$15

Nail Services

*Licensed nail technicians perform all of our nail services.
All equipment is thoroughly sanitized.*

Natural Nails

Classic Manicure

Exfoliation to soften hands, nails expertly shaped, cuticles maintained, next, a luxurious moisturizer and polish applied.
\$20

The Ritz Treatment Manicure

A retreat for your hands. This pampering hand treatment is truly extraordinary. It involves three massages, gentle exfoliation and tremendous hydration of the hand and arm. Nails and cuticles are maintained. A Warm paraffin dip is used for a soothing, luxurious treatment. Polish applied. Indulge!
\$30

Gentlemen/Sports Manicure

For the man who wants a cleaned polished look without the polish. Nails are shaped and cuticles are maintained. We finish off with an exfoliating, moisturizing arm and hand massage. Nails are then buffed to a shine. Smooth!
\$16

Hand and Arm Treatment

Treat yourself to this invigorating treatment. An exfoliating scrub followed by a moisturizer and a revitalizing hand and arm massage. Wonderful for tired arms and hands!
\$15

Polish Change (hands) \$8

French Polish Application (hands) \$10

Paraffin Dip (hands) \$12

Facials

Customized Corrective Facials-\$70

This is the next level of facial care. In addition to the basic facial, your esthetician will conduct a thorough skin analysis and design a custom-blended facial formula for your skin care needs. Your skin is then given a massage, followed by your custom masque and then hydration. Your skin will thank you for it!

Revitalizing Express Facial-\$45

A great introduction to facials! Includes a complimentary skin assessment, expertly customized for your skin type. Your face will be deep cleaned, exfoliated and toned. Next, a masque followed by the appropriate moisturizer. Great maintenance between full facials.

Anti-Acne Treatments-\$85

Anti-Acne Treatment Series (6)-\$525

A series of six weekly treatments is highly recommended. Designed to clear up troublesome breakouts. An excellent treatment for oily or acne prone skin. Will deep clean, exfoliate, unclog pores and detoxify the skin. This treatment is topped off with a blemish inhibiting masque. An at home regimen will be recommended to keep pores clean and bacteria free in between visits.

(Included with series, is a complimentary take home kit for home maintenance)

Corrective treatment for Men-\$50

Designed for men! Will help to ease irritations from daily shaving, deep pore/deep tissue cleanse. Smooth and retexturize. *We recommend shaving two hours prior to this treatment

Teen Facial-\$45

This is specifically designed to educate the teen about the maintenance required for a young complexion, as well as the importance of proper cleansing. A gentle facial will be performed in addition to a complete skin analysis.

Back smoothing Treatment-\$60

Essential maintenance for a smooth, clear back, this treatment begins with a deep cleansing and EnzymeTherapy under steam. Next, your back, shoulders and upper arms are relaxed with a massage. To finish, a detoxifying Bioelements MudTherapy masque is followed up with an invigorating application of 100% oil free beyond Hydration moisturizer. Show off that sexy back!

Imaging Makeovers

Makeup Services

Classic Makeup Application-\$25

Natural or dramatic for day or evening looks

Wedding Parties (per person)-\$30

Bride's makeup complimentary with parties larger than five

Makeup Application with lesson-\$50

Color consultation, make-up applications and techniques will be applied and discussed

Lash and Brow Tinting

A gentle color specifically designed for this application. Great for blondes, to deepen grey areas or to enhance thin brows or lashes.

Lash tinting-\$20 Brow tinting-\$15

Lash and Brows

Single Visit-\$30

Series of three visits-\$75

Treat yourself to an Imaging Makeover!

Let our professional team help you with your new look!

We will begin with a thorough consultation to determine the best style for you, based on your face shape, hair type and lifestyle. After creating your new look, we will then design a color to accent, using specially placed color techniques. Let our makeup artist compliment your look with a makeup application. You will also be given a lesson on how to achieve the same results at home.

Prices vary with color technique

***Ask about our complimentary consultations for prices**

Waxing Services

Feel comfortable knowing that you're being treated in a clean environment with the highest sanitary standards.

The Ritz offers a full range of facial and body hair removal using a gentle depilatory wax. If you would prefer tweezing for very sensitive facial areas, please let us know.

Brow Design

Eyebrows are designed and expertly arched

(Based on a 15 minute service)

Starting at \$15.00

Brow Touch-Up

Maintain your new brow shape at approximately three weeks

(Based on a 15 minute service)

starting at \$12.00

Lip or Chin

Gently removes unwanted hair above the lip or chin

(Based on a 15 minute service)

starting at \$8

Full Leg

From ankle through upper thigh

(Based on a 45 minute service)

starting at \$55

Half Leg

From ankle to knee

(Based on a 30 minute service)

starting at \$35

Full arm

Wrist through shoulder

(Based on a 30 minute service)

starting at \$30

Half arm

Wrist to elbow

(Based on a 15 minute service)

starting at \$20

Underarms

(Based on a 15 minute service)

starting at \$22

Back

For our male customers...

removes unwanted back hair

(Based on a 45 minute service)

starting at \$35

Bikini

Removes unwanted hair from

around bikini area

(Based on a 30 minute service)

starting at \$28

Brazilian bikini

More than a bikini

(Based on a 60 minute service)

starting at \$40 **Please inquire*

Waxing is the removal of unwanted hair. It is not 'permanent' removal but the effects will last approximately three weeks. When the hair does grow back, it will be thinner and finer than before.

- Please inform us of you are using Retin-A or alpha hydroxy acids before waxing. Please donot apply AHA or other aggressive skin care products the day before,of, or after waxing. Avoid sun for 24 hours.
- Allow at least 10 day's growth prior to any body waxing services.
- Prices may vary with difficult, time- consuming waxing or excessive tweezing.